

# S.C. Madan

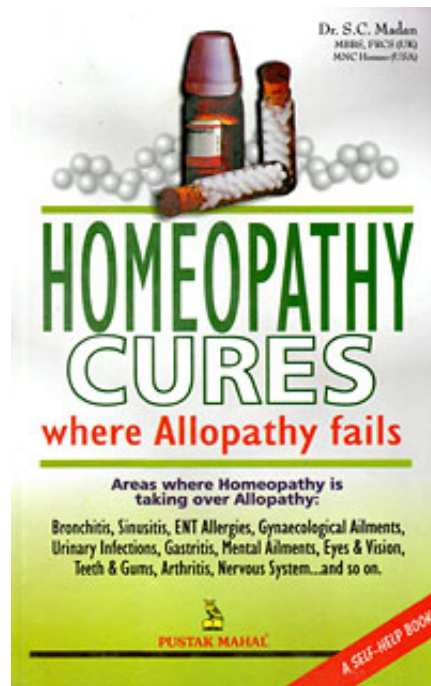
## Homeopathy Cures where Allopathy Fails

Leseprobe

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von [S.C. Madan](#)

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Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern  
Tel. +49 7626 9749 700  
Email [info@narayana-verlag.de](mailto:info@narayana-verlag.de)  
<http://www.narayana-verlag.de>



## Sex, Health, Allopathy and Homeopathy

It has been proved recently, as quoted by the following authors, that sex is a necessity for health. According to my observations on many patients, this trio: sleep, food and sex (SFS) is an essential ingredient to sound health. According to Michael Roizen, sex has an antiaging effect. In *British Medical Journal*, in article *Sex and Death: Are they related?* it has been reported that those having two orgasms a week have half the risk of dying from various causes.

A study in *Psychosomatic Medicine* has found that sexual dissatisfaction is the precursor of heart disease.

Dr. Cynthia Watson, author of "*A guide to aphrodisiacs and sexual pleasures*", says that a healthy sex life and overall health are intrinsically linked. She says, "Sex makes you relax, relieves stress and produces endorphins—the body pain relievers and sex help the immune system function better".

### **Allopathy**

Beyond doubt, I have found smile in lot of people's faces after Viagra drug came in the market, but these preparations have their own limitations and side-effects.

No doubt the "Week-end Pill (Cialis) is far better than Viagra". It has smoother onset, less side-effects, and is longer lasting than Viagra.

#### Homeopathy

The word used by most homeopaths in their book, "*Sins*", synonymous with sex, is most damaging to the readers and patients.

Homeopathy still has to go a long way to compete allopathy in treatment of impotency. Remedies like lycopodium and agnus. c are of limited value.

#### Sex, Brain, Memory & Homeopathy

According to a German researcher, Werner Habermehl, sex stimulates the brain and makes people more intelligent. Habermehl said that love-making, besides physically exciting the body, also provides sharper brain. Hence, the increased amount of adrenaline and cortisol hormones that are produced in the brain stimulate the grey matter and improve sharpness of mind.

## Call Centre Syndrome

This new entity disease is coming in epidemic proportions since the outsourcing of manpower by Multinationals to India. Following are the common entities, patients are suffering from, who had come to me with not only disease as a result of working in the call centres but also associated side-effects of allopathic treatment they had for their symptoms.

### **A. Cervical Syndrome**

The symptoms are typical of- cervical spondylosis because of strain on arm and neck muscles. These are pain, numbness, weakness of arm, forearm and finger muscles.

#### **Allopathy**

The orthopaedic surgeons give NSAID preparations which cause gastritis, skin allergy and fluid retention.

#### **Homeopathy**

I have given them my cocktail of cal.fluor, cimcifuga, ruta, rhus tox and arnica.

In advanced cases, I have given them high potency of causticum.

### **B. Sleeplessness (Insomnia)**

This is due to disturbance in sleep pattern as a result of

shift duties. As a result, there is heaviness of head in the morning.

#### Allopathy

-The allopath physicians often give tranquillizers or sleeping pills which make them addictive and permanent customers of the doctors.

#### Homeopathy

I give them Passiflora. Inf.-Q 20 to 30 drops, 1 hour before sleep.

#### C. Gastric Problems

- a) Acidity and reflux oesophagitis.
- b) Constipation.
- c) Indigestion.

These are often due to irregularity in foods and sleep pattern.

#### Allopathy

They are given zanetac, omez, cremmefin, dulcolax, normaxine and domstal.

I have seen these simply disturb the peristaltic waves rather than establishing equilibrium.

#### Homeopathy

I often give them asafoetida, iris versicola and carbo veg. for acid reflux.

For constipation, I give them alumina and mix vomica, 200 potency.

For indigestion, I give them antimonaium crudum and hydrastasis.

#### D. Sexual Debility and Neurosthenia

These develop as a result of inadequate sleep, irritability and depression.

#### Allopathy

There is nothing to offer.

### **Homeopathy**

I advise them ashwagandha and zincum met and Kali phosphorus.

### **E. Skin Changes**

Due to irregularity in duties and timings, they get dark circles below the eyes due to inadequate sleep and shift duties.

Ashwagandha and vitamins B & C and adequate sleep is the remedy.

### **F. Headache and Heaviness of Head**

#### **Allopathy**

Tylenol, combiflam, bruffen are the common medicines but these cause dryness of mouth, gastritis and increase in weight due to fluid retention.

#### **Homeopathy**

I often give them Kali phos, Cimcifuga and Onosmodium (due to eye strain) because of working on computers and gelsemium.

### **G. Noises in Ears and Deafness**

Over prolonged periods of working, they get these symptoms and I have seen cases of tumour (acoustic neuroma) behind the ears because of constant use of telephones.

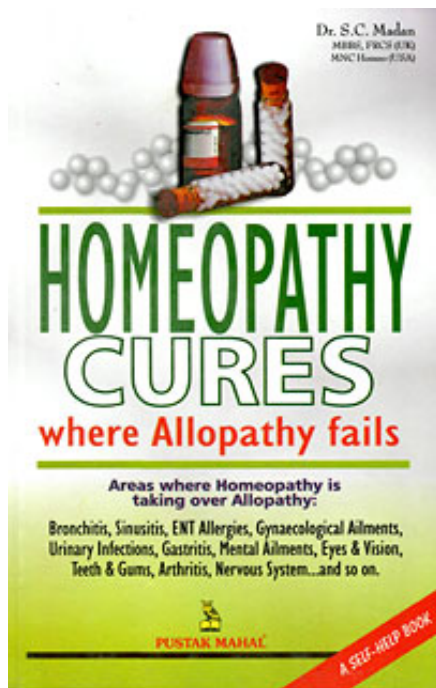
#### **Allopathy**

There is nothing to offer.

#### **Homeopathy**

I give them Nat.salicylate, Causticum, Chininum Salicylate.

In resistant cases, I give them Kali iodide and Kali muraticum.



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